



Lewiston Consolidated School District Newsletter October 2016



306 Tiger Avenue ❖ Lewiston, Nebraska 68380 ❖ 402.865.4675 ❖ 402.865.4875 (fax)

Lewiston Consolidated School

Vision

Every Lewiston Student Educated for Success!

Mission

Empowering students to become confident and creative builders of their future.

Important Dates to Remember

Monday, October 3 -- Flu Shots 8:30-9:30 AM

Wednesday, October 12 -- Lifetouch Picture Retakes - 8 AM

Thursday, October 13 -- Rural Safety Day @ Gage County Fairgrounds

Friday, October 21 -- NO SCHOOL

Monday, October 24 -- 12:30 Dismissal - No PreK



One-Act Dates:

November 12 - York Duke Play Competition

November 16 - Pioneer Conference at Nebraska City Lourdes

November 18 - Dinner Theater

TBA - District Play Production

October 2016 Lunch Money Amounts

Full Breakfast	Pre-K to 6th Lunch	7th to 12th Lunch	Reduced Breakfast	Reduced Lunch	Snack Milk
\$32.00	\$47.00	\$57.00	\$6.00	\$8.00	\$7.60



FLU SHOT CLINIC

It is time to think about getting our flu shots again this year. Influenza is a highly contagious respiratory illness caused by the influenza virus. It spreads from person to person via airborne droplets when someone sneezes or coughs. Influenza can lead to pneumonia, dehydration, and worsening of chronic diseases, especially for those with lung and heart problems. There is a strong possibility of missing school for several days once influenza symptoms set in.

The school strongly encourages all staff and students to receive a flu shot. We are going to make it easy for you to do so. The Pawnee Health Clinic will be at Lewiston Consolidated Schools on **Monday, October 3rd from 8:30 - 9:30 A.M.** to administer flu shots to students and staff. Please bring your insurance card and the clinic will submit a claim for you, otherwise you will need to pay \$25 for the shot.

Please read the flu vaccination administration release form on the next page if you would like a flu shot and return it the morning of the vaccination clinic.

Thank you for protecting your health and the health of others. If you have questions, please contact the Pawnee Rural Health Clinic at 402-852-2311.



Wanted: Box Tops for Education

Please give your Box Tops for Education to any Lewiston student and have them deliver them to the pink box in the office to be counted and submitted. Lewiston Consolidated School gets 10 cents for each Box Top we submit. Thanks for all your help and support!

WANTED: EMPTY INK JET CARTRIDGES

Please give your used ink jet cartridges to any Lewiston student and have them deliver them to the library. Lewiston HAL receives cash to donate towards Earth Day projects.

Each student who donates an ink cartridge will receive a prize from Mrs. Goossen's prize box.



Injectable Flu Immunization Release

Name: _____ Date of Birth: _____ Age: _____

Flu immunizations will not protect all persons who get the flu. Flu immunizations will not protect against other illnesses that resemble the flu.

There are two kinds of flu vaccinations. Your answers to the following questions will help us know which of the two kinds of vaccine you will receive or if you are eligible to receive it at all.

- | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----|
| 1. Have you ever had a serious allergic reaction or other problems with the flu vaccine? | NO | YES |
| 2. Are you allergic to eggs, latex, thimerosal (a mercury derivative), gentamicin gelatin or arginine used as a preservative? | NO | YES |
| 3. Have you ever had Guillain-Barre Syndrome (a type of temporary severe muscle weakness)? | NO | YES |
| 4. Do you have any of the following: Asthma, diabetes, disease of the lungs, heart, kidneys, liver, nerves, or blood? | NO | YES |
| 5. Question for those who are 2-17 years old. Are you on long-term aspirin or aspirin-containing therapy (do you take aspirin every day)? | NO | YES |
| 6. Do you have a weak immune system (Example: HIV, cancer, medications such as steroids or those used to treat cancer), or in close contact with a person who needs care in a protected environment (Example: Someone who has recently had a bone marrow transplant)? | NO | YES |
| 7. Are you pregnant or nursing? | NO | YES |

Most people have no side effects from the flu vaccine. If mild or moderate problems occur, they can last up to 1-2 days. These may include the following for the injectable vaccine:

Soreness, redness or swelling where the shot was given
Fever, tiredness or achiness. May begin 6-12 hours after the vaccination.
Immediate allergic reaction causing difficulty breathing.

Having read the above information, I voluntarily consent to receive the influenza immunization. I release Pawnee County Rural Healthy Clinic from all responsibilities for reactions that may occur and I will take the responsibility to seek medical attention should more severe symptoms occur.

Signature: _____ Date: _____

Student Honors



Ag Honors



State Championship - Dairy Foods & Milk Quality Team

Team Members: Dana Christen, Kristin Meybrunn, Cari Howell and Karen Keyes

State Championship - Dairy Evaluation Team

Team Members: Logan Anderson, Miah Fulton, Megan Wehrbein and Dalton Anderson

Runner-Up at Ag Range Management Contest

Team Members: Chloe Charles, Cari Howell, Megan Wehrbein, Kristin Meybrunn, Karen Keyes, Logan Anderson, Treyton Hippen, Miah Fulton

Individual Honors:

Logan Anderson - 3rd Place

Kristin Meybrunn - 5th Place

Cari Howell - 8th Place

Miah Fulton - 9th Place

MUDECAS All-Conference Team Selections

Volleyball

Megan Wehrbein: Honorable Mention

Lexi Jasa: Honorable Mention

CONGRATULATIONS
to the Lewiston
Volleyball Team for
Placing 3rd in the
MUDECAS B
TOURNAMENT!! Go
Tigers!!



Counselor's Currents

Important Upcoming Dates:

September 26, 2016 – Southeast Community College Rep Visit (1:00 P.M.)
October 4, 2016 – College Fair at SCC
October 6, 2016 – Joseph's College of Beauty Rep Visit (9:15 A.M.)
October 7, 2016 – Peru State College Rep Visit (2:45 P.M.)
October 12, 2016 – Education Quest Financial Aid Program (1:00 P.M.)
October 22, 2016 – ACT
November 4, 2016 – ACT Registration Deadline for December 10, 2016 Test

Attend a College Fair!

Talk to reps from colleges across the state, region and nation during upcoming college fairs. For more details and a list of colleges at each fair see the [College Fair article](#) at [EducationQuest.org](#). If you can't make it to a College Fair, attend an **Educational Planning Program (EPP)**, which are smaller college fairs held statewide. See "[Upcoming Events](#)" at [EducationQuest.org](#) for dates and locations.

Register for a barcode

Before attending a college fair or EPP, visit [NebraskaCollegeFairs.org](#) to register for a barcode. Print the barcode and take it to the fair so that college reps can scan it. This will save time spent completing college information cards.

It's FAFSA time!

Beginning October 1, you and your parents can complete the [FAFSA](#) (Free Application for Federal Student Aid). Follow these tips to prepare:

Create a Federal Student Aid (FSA) ID for you and one for a parent at [fsaid.ed.gov](#). You and a parent will each need an FSA ID to access and sign the FAFSA.

Attend an EducationQuest Financial Aid Program (FAP) to learn about the FAFSA and the financial aid process. If you attend, *you'll be eligible to register for a \$500 scholarship!* FAPs will be held at high schools across the state. [Click here](#) for dates and locations. **Lewiston's FAP is October 12th!**

Review the [FAFSA Checklist](#) at [EducationQuest.org](#) to determine items you'll need to complete the FAFSA. **See [FAFSA Tools](#)** at [EducationQuest.org](#) for helpful resources.

For free personal help, call EducationQuest to make an appointment: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, and Scottsbluff – 800.303.3745, ext. 6654.

October "To Do" List

Juniors and Seniors:

- ___ Attend a [College Fair](#) or [Educational Planning Program](#) in your area.
- ___ Attend a [Financial Aid Program](#). **(October 12, 2016, 1:00 P.M.)**
- ___ [Sign up for Countdown2College](#) to receive monthly college planning tips.

Seniors:

- ___ [Create an FSA ID](#) for you and one for a parent. You'll need them for the FAFSA.
- ___ Be aware that you can complete the [FAFSA](#) beginning October 1.
- ___ Narrow your college choices and be aware of application deadlines and criteria.
- ___ [Register](#) by November 4 for the December 10 ACT.

For help with college planning, contact Mrs. Houston or go to the EducationQuest Foundation: [EducationQuest.org](#) Follow us on [Facebook](#), [Twitter](#) and [Instagram](#)!

FROM THE CORNER ROOM

Senior Skills -Students are working through a checkbook packet to understand the responsibilities of having a checking and/or savings account. This is part of a unit on paychecks, learning about W-2's and W-4's. The unit will end with students completing a sample EX1040 income tax form.

Embroidery/Textiles - The business is up and running and taking orders. Students are completing orders of hats and embroidering on shirts supporting Lewiston athletics.

Quick & Easy Foods - The kitchens smell wonderful as 12 somewhat experienced cooks prepare quick appetizers, snacks, and dairy products. They learned that blueberry pie filling over Brie cheese was an acquired taste. Mr. Barnard shared the many types of cheeses that his students identified for the dairy contest. Q&E students taste tested the cheese and then prepared three recipes using three of the cheeses.

Teen Living - Setting goals and learning about family life has kept the Teen Living class busy.

7th Grade Study Skills - Ten 7th grade boys are learning study skills to make them successful in Junior High. Organization, time management, and testing skills are included in this program.

7-8 Study Hall - Students are expected to have class work to complete or will be reading a book during this period.

Foods 1 - A beginning food and nutrition class emphasizing preparing and eating healthy, nutritional foods.



LCS September Events

Skyler Black represented LCS Club at the "Walk to End Alzheimer's" Thursday, September 15th.



Red Cross Bloodmobile



LCS collected 28 units of blood at the September blood drive

LCS October Events



Haunted House

October 25, 7pm-8:30

TIGER Pride



- October 3rd PTO Meeting in School Library
- October 12th Lifetouch Picture Retakes
- October 14th End of 1st Quarter
- October 17th Start 2nd Quarter
- October 21st NO School/ Vacation Day
- October 24th 12:30 Dismissal/ In Service



Contact PTO on Facebook

Lewiston Tigers PTO

Or Email: lcstigerpto@gmail.com



PTO Newsletter

October 2016 

- Our goal for this year is to get at least two representatives from each elementary class to join the PTO. This includes Moms, Dads, Grandmas, Grandpas, Aunts, Uncles Etc....
- Starting this Month and continuing through the year, we would like to make Fridays “Spirit Day”. Please have your child wear a school shirt to receive a prize.
- A reminder that you will be sent home information regarding the basket raffle for this year. Each class picks their own theme, so be on the lookout for that information coming home with students.
- Keep collecting Sun Mart receipts. Every little bit counts and it all adds up!



- MAKE OUR SCHOOL A CUT ABOVE! Keep collecting box tops!!!



- We would love to have some more teachers on the PTO! Working together we will make a difference!

PreK 3 News

By Jaime Frey

Welcome to school pre-K 3! Our 12 students have had a great start to the school year. We have studied colors by reading *Brown Bear Brown Bear*, *Mouse Paint* and *Pete the Cat*. We were able to visit baby goats. We have discovered insects on the playground and Audrick's great grandma brought us monarch caterpillars. We have learned that A is for Apples. We taste tested red, yellow and green apples and voted on our favorite. We learned about giving compliments to our friends and that mean words bruise us on the inside – just like apples get bruises on the inside. We even made our own applesauce! YUM!





FFA NEWS



LEWISTON DAIRY PRODUCTS TEAM WINS STATE

It took a tiebreaker but the Lewiston FFA Chapter's Dairy Foods and Milk Quality Team won the State Championship at the Nebraska State Fair on Saturday.

Lead by Freshman Dana Christen's 4th place finish the Lewiston team of Christen, Cari Howell, Karen Keyes and Kristin Meybrunn edged out Southern Valley High School for the first place plaque. Pender FFA finished third and Wisner-Pilger FFA placed fourth. The Lewiston team earned the right to compete at the National FFA Contest in Indianapolis in October.

The contest consisted of identifying 15 types of cheese, evaluating milk samples of fat content, taking a written exam on milk processing and determining milk samples for additive defects.

Team members earned purple rosettes and first place team medals. Mr. Dave Barnard, Chapter Advisor served as their coach.



The Lewiston FFA Chapter Dairy Foods & Milk Quality team won the State Championship at the 2016 Nebraska State Fair Saturday. Team members (L to R) were Dana Christen, Kristin Meybrunn, Cari Howell and Karen Keyes. The team earned the right to represent Nebraska at the National FFA Convention in Indianapolis, IN in October.



The Lewiston FFA Dairy Evaluation team of (L to R) Logan Anderson, Miah Fulton, Megan Wehrbein and Dalton Anderson won the State FFA Championship at the Nebraska State Fair. Dalton won the individual competition. The team earned the right to represent Nebraska at the National FFA Convention.

LOCAL FFA WINS STATE CHAMPIONSHIP

The Lewiston FFA Dairy Evaluation Team edged out HTRS for the team championship at the Nebraska State Fair in Saturday's competition. The local Chapter used Dalton Anderson's first place individual placing to win by six points.

By winning the state event, Lewiston qualified their second team for the National FFA Convention in October in Indianapolis.

Broken Bow FFA finished 3rd. The top three schools earned plaques. The Nebraska Extension Service and Northeast Community College-Norfolk coordinated the event. Mr. Rod Johnson of Midwest Dairy helped sponsor the award meal and presentation.

Anderson earned the gold medal and purple ribbon. Logan Anderson finished in third place with the bronze medal. Megan Wehrbein received a red ribbon and Miah Fulton rounded out the team. Each team member earned a first place team medal.

The Agriculture Education students had to present a prepared team demonstration on a dairy management problem and take a written management exam. At the State Fair Judging Pavilion, the students evaluated six classes of production cows, heifers and calves. The classes included Holstein, Milking Shorthorn, Jersey, Guernsey and Ayrshire cattle. The group then presented three sets of oral reasons.

The next competition for Lewiston Ag Education students is the Sept. 20th Area 6 Range Judging in Jefferson County.



FFA NEWS



LEWISTON FFA CONDUCTS OPEN HOUSE

The Lewiston FFA Officers conducted an Open House and Ag Orientation for the new 8th and 9th graders on Tuesday, August 23rd. President Cari Howell greeted the students and their parents. Advisor Dave Barnard addressed the group and spoke on upcoming opportunities.

After a hotdog and chip snack the student and their parent teamed up to complete six learning stations manned by the FFA Officers. Prizes were awarded at the conclusion of the night. Cari conducted a vegetable identification station, Megan Wehrbein hosted a horticulture area, Miah Fulton had a livestock breed quiz, Logan Anderson offered an agri-business test, Karen Keyes worked a tool identification station and Skyler Salts conducted a grain I.D. table.

The final tabulation showed the top student/parent teams were:

9th grade

Dana Christen

Courtnie Zyla

Levi Meybrunn

Caleb Bredemeier

8th grade

Jonathan Janssen

Johanna Keyes

Taylor Anderson

Wyatt Currie

Upcoming agriculture education department events are Husker Harvest Days in Grand Island and National Farm Safety Week.



Megan Wehrbein hosted a station on horticulture plants at the August 23rd Ag Orientation and Open House for 8th and 9th graders.



Pictured L to R: Masyn Arena, Dana Christen, Taylor Anderson, Chaz Wilgers, Johanna Keyes, Courtnie Zyla, Levi Meybrunn, Caleb Bredemeier, Jonathan Janssen, Wyatt Currie



FFA NEWS



FIFTH GRADERS GROWING CORN!



The Lewiston Ag Education II class assisted Mrs. Sander's 5th graders with their corn growing project this month. The twelve elementary students are working in the school greenhouse.

The students are given the same container and are asked to journal their activities. They decide the planting rate and depth and choose between topsoil or potting soil or a mixture of both. During the growing season they can replant or thin out their "crop". Decisions as to watering and fertilizing must be made.

Ag students helping were Treyton Hippen, Logan Anderson, Chloe Charles, Kristin Meybrunn and Karen Keyes.

The Lewiston FFA needs a 6' and a 4' livestock tank for a school project. The tanks can be rusted out and don't hold water. The tanks will be returned in the condition received. We are constructing a layered birthday cake for Nebraska's celebration in 2017. Thanks, Mr. Barnard

Mr. Barnard, FFA Advisor, enjoys taking care of baby goats for Dana Steinacher. Elementary students and high school students popped in throughout the day to visit.





FFA NEWS



LHS AG ED STUDENTS ATTEND STATE AG SHOW

Eight Lewiston High School students enrolled in agriculture education classes attended the 39th Husker Harvest Days on September 14th. The group was sponsored by Ag Education Instructor, Dave Barnard. The working irrigated farm show is located west of Grand Island.



The students observed cattle handling demonstrations, field tillage operations, haying equipment operations, cattle sorting competitions, toured agri-business booths, and explored new career opportunities. There were over 600 exhibitors.

Lewiston students attending were Richard Keyes, Caden Searcey, Caleb Bredemeier, Treyton Hippen, Levi Meybrunn, Eion Speakman, Colten Baker and Chaz Wilgers. The next Ag Education Dept. activity is the National Farm & Ranch Safety and Health Week observance Sept. 18-24th.



LEWISTON FFA PROMOTES SAFETY WEEK

Eight Lewiston FFA members recorded radio safety promotion spots at the KWBE studio on Sept. 20th. The members worked with local radio personality Mr. Dave Niedfeldt on the project.

Sept. 18 - 24th is National Farm Safety & Health Week. This year's theme is, "Farm Safety - A Legacy To Be Proud Of".

The radio spots aired during the special week on KWBE. Working with the project were Cari Howell, Miah Fulton, Megan Wehrbein, Kristin Meybrunn, Karen Keyes, Logan Anderson, Chloe Charles, and Treyton Hippen.



FFA Members with KWBE radio personality Dave Niedfeldt after recording National FFA Week radio promotions.



FFA NEWS



LEWISTON AG EDUCATION STUDENTS FINISH AS RUNNER-UPS AT RANGE CONTEST

Eight Lewiston Ag Education students competed at the Area 6 Range Management Contest in Jefferson County on September 20th. The contest was at Rock Creek Station State Park east of Fairbury.

The Jefferson County NRCS, the Little Blue NRD and Area County Extension Services hosted the contest. Students competed in two divisions, a junior division or a senior division. Each team was made up of three or four students. Students evaluated three sites for degree of use, condition and site name. They took a written quiz and reviewed a range management map and made recommendations. The contestants then identified 24 plants from a list of over 150 plants and gave characteristics such as life span, forage value and growth response for each.

Ag Education Departments competing were from Tri-County, Diller-Odell, Milford, Nebraska City, Norris, Sterling, Conestoga, Friend, Auburn and Lewiston. To earn a ribbon a student must place in the top 13 of the judges.

The Lewiston senior division team of Logan Anderson, Kristin Meybrunn, Chloe Charles and Treyton Hippen finished as runner-up and were awarded team blue ribbons. The team of Karen Keyes, Megan Wehrbein, Miah Fulton and Cari Howell placed third and earned team red ribbons. Diller-Odell won the competition.

Individually Logan Anderson finished in 3rd place and received the red ribbon. Kristin Meybrunn won 5th place and earned the white ribbon. Cari Howell placed 8th and Miah Fulton placed 9th and earned ribbons. All of the Lewiston judges were in the top ½ of the competition.

The next Ag Education competition for Lewiston schools is the Southeast Area Land Judging Competition on Oct. 5th in Johnson County.

Kristin Meybrunn, Reporter



Front (L to R): Chloe Charles, Cari Howell, Megan Wehrbein, Kristin Meybrunn. Back Row: Karen Keyes, Logan Anderson, Treyton Hippen, Miah Fulton







Lewiston FFA sophomore Logan Anderson placed 3rd at the Area 6 Range Judging Contest 9/20 at Rock Creek Station State Park. Plant identification and site determination were part of the competition. Logan's team placed second.

~ October 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 --JH VB at Southern Tourney (Wymore) 8:30 am --Homecoming Dance
2	3 --Flu shots – 8:30-9:30 am --JH FB vs. Freeman at Wymore 4:30 pm --JH VB at Fairbury 4:30pm --JV FB vs. Freeman at Wymore 6:30 pm --PTO Meeting 7 pm 	4 --V VB Triangular at College View Academy (Lincoln) w/ Sterling 5 pm	5 --Area Land Judging at Nemaha NRD	6	7 --V FB vs. Fairbury at Wymore 7 pm	8 --JH VB at Thayer Central Tourney 9 am
9	10 --Columbus Day --JH VB at JCC 4 pm --JH FB at JCC 4:30 pm --JV FB vs. Auburn at Wymore 6 pm	11 --JV/V VB at Parkview Christian 6 pm	12 --Lifetouch Picture Retakes 8 am	13 --Rural Safety Day at Gage Co. Fairgrounds --JV/V VB vs. Lourdes 5 pm --School Board Meeting at 8 pm	14 --End of 1st Quarter --V FB at Ashland- Greenwood (Ashland) 7 pm	15
16	17 --2nd Quarter begins --Pioneer Conf. VB Tourney TBA	18 --National FFA Convention at Indianapolis --Pioneer Conf. VB Tourney TBA --JH VB at Beatrice 4 pm	19 --National FFA Convention at Indianapolis	20 --National FFA Convention at Indianapolis --V FB vs. Lincoln Christian at Wymore 6:30 pm	21 --NO SCHOOL - vacation --National FFA Convention at Indianapolis --Pioneer Conf. VB Tourney TBA	22 --National FFA Convention at Indianapolis --JV VB at Sterling Tourney 9 am
23	24 --12:30 Dismissal - NO PK --Teacher In-service 1-4pm --V VB Triangular at Pawnee City w/ Friend 5 pm	25 --LCS Haunted House 7:00- 8:30 pm 	26 --State Land Judging Contest TBA	27 --V VB Triangular at Lewiston w/ Weeping Water & HTRS 5 pm	28 --Class C-1 FB Playoffs - 1st Round	29
30	31 --Halloween --V VB Sub-districts 	Notes:				

LEWISTON CONSOLIDATED SCHOOLS

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BEEF SALISBURY POTATOES/GRAVY BREAD/BUTTER	4 PIG IN A BLANKET SMILIE FRIES VEGETABLES/FRUIT	5 OVEN BAKED FRITO PIE SALAD MIX VEGETABLES/FRUIT	6 BBQ PORK ON WG BUN BAKED FRIES BAKED BEANS VEGETABLES/FRUIT	7 TURKEY&CHEESE WRAPS SUN CHIPS VEGETABLES/FRUIT
10 MANDARIN CHICKEN PK TO 3 CHICKEN NUGGETS RICE VEGETABLES/FRUIT	11 SPAGHETTI MEAT/SAUCE SALAD MIX VEGETABLES/FRUIT	12 MAC&CHEESE HAMBURGER SLIDERS BAKED BEANS VEGETABLES/FRUIT	13 PIZZA FIESTADA SALAD MIX VEGETABLES/FRUIT	14 CHICKEN SANDWICH DORITO'S VEGETABLES/FRUIT
17 TATER TOT (BACON CHEESEBURGER) CASSEROLE SALAD MIX VEGETABLES/FRUIT	18 CHICKEN NUGGETS HASH BROWN PATTY VEGETABLES/FRUIT	19 RIB SANDWICH SALAD MIX VEGETABLES/FRUIT	20 CHILI SOUP CINNAMON ROLLS VEGETABLES/FRUIT	21 
24 HAM SANDWICH CORN CHIPS VEGETABLES/FRUIT	25 POPCORN CHICKEN BOWL VEGETABLES/FRUIT MUFFIN	26 NACHO CHIPS MEAT/CHEESE SAUCE SALAD MIX VEGETABLES/FRUIT DONUTS	27 BBQ BEEF TATER TOT CASSEROLE BREAD/BUTTER VEGETABLES/FRUIT	28 HAMBURGER ON WG BUN SUN CHIPS VEGETABLES/FRUIT
31 TACO (SOFT SHELL) SPICE FRIES VEGETABLES/FRUIT				

BREAKFAST

MONDAY-FRIDAY
 CHOICE OF CEREALS, JUICES, YOGURT, FRUIT, & HOT BREAKFAST ITEM

**Milk served with all meals

**Menus subject to change

LEWISTON CONSOLIDATED SCHOOL
County of Pawnee School District #69
306 Tiger Avenue
Lewiston, NE 68380
402-865-4675

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